

INSIIDE Track

“Solar, Seismic & Gold Intensity Cycles”

Outlook 2024

The Golden Canary

11-29-23 - The fulfillment of *Middle East War Cycles*, in October 2023, was just the latest validation to the outlook for 2023 - 2025. Reinforcing these geopolitical cycles has been the action and analysis for Gold & Silver.

In many ways, Gold acts as the proverbial ‘*canary in the coal mine*’ - warning of looming turmoil before it occurs.

That is the focus of this issue.

In mid-2001, Gold set a secondary low (primary low was Sept 1999) as Silver was setting a major low - with both projecting a multi-year advance to follow. The events of 9/11 soon followed and validated that outlook.

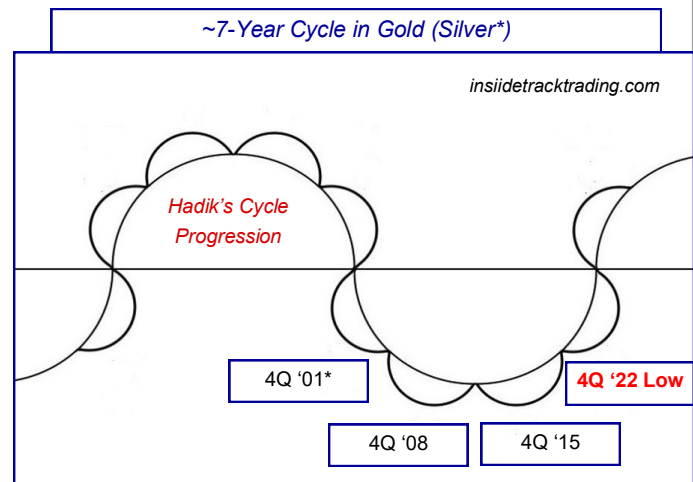
In late-2008, Gold’s *7-Year Cycle* returned & projected another multi-year surge.

A global economic meltdown ensued.

In late-2015, that same *7-Year Cycle* ushered in what was forecast to be a new 3 - 5 year and 5 - 10-year advance in Gold... following its longest decline since the 1990’s.

That began a new Major rally - similar to the one that began in late-1999.

Just as the late-2008 low timed a *secondary* bottom before an accelerated ~3-year surge, the late-2022 low - the latest *7-Year Cycle* - timed a secondary low in this new bull market... and could be followed by a ~3-year surge into **late-2025**.



Solar Polar (~22-Year) Cycle...

The most well-known sunspot cycle is the ~11.2-Year Cycle - the average time frame between peaks or troughs in the overall *Sunspot Cycle*.

Due to the magnetic nature of those sunspots, however, that is only half of a full *Solar Cycle*. During one *Sunspot Cycle*, those solar storms have a single polarity. During the ensuing *Sunspot Cycle*, they shift to the opposite polarity.

As a result, it takes a full ~22-Year Cycle (what I call the ‘*Solar Polar Cycle*’) for sunspots to complete an overall phase of explosiveness. As detailed for the past couple decades, and emphasized again in late-2022 (see *HCP* diagram), that ‘explosiveness’ is also felt on Earth - *particularly in the Middle East* - as much as it is on the Sun.

The return of the related ~22-Year Cycle of *Middle East Upheaval* (‘explosions’) is likely a harbinger of a related intensification of actual sunspots and solar storms - that have been forecast to spike in **late-2023 through late-2024**.

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Mass psychological instability on Earth is often a reflection of underlying instability below the surface (tectonic instability) and outside our atmosphere (solar instability).

Since this has long been the time projected to see a surge in solar & volcanic eruptions, this geopolitical instability fits perfect. And Gold is corroborating as it steadily validates analysis for a breakout surge. Hang on tight!...

GOLD & SILVER are rallying steadily after correcting into daily cycle lows on **Nov 10/13** at which time Gold attacked & held its weekly *HLS* at **1937/ GCZ** (see Nov 10, 2023 chart, reprinted on page 3) while Silver completed a 50% retracement of its initial advance.

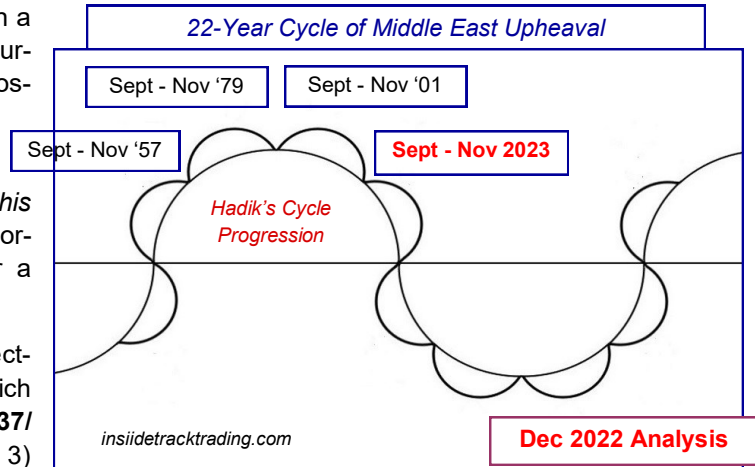
That low fulfilled a 26 - 29 trading day high-high-high-high-low-(low) *Cycle Progression* and paved the way for Silver to rally into **early-Dec '23** - when a ~7-month/~30-week high-high-high-(high) *Cycle Progression* recurs (**Dec 1 - 8, '23**).

As a result, Gold & Silver have been forecast to accelerate higher in **late-November & early-December**.

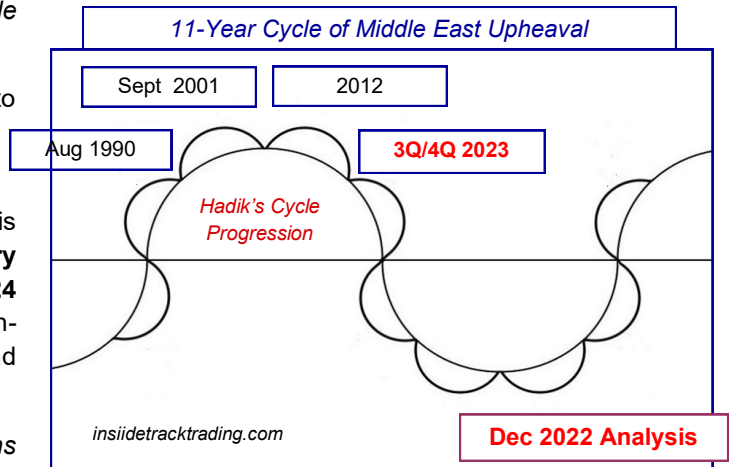
Silver's mid-October '23 high reinforced analysis for a *subsequent* high to emerge in **mid-January 2024**. A rally into the middle half of **January 2024** would perpetuate a ~36-week low-low-low-high-(high) *Cycle Progression* as well as a .618 rebound in time (22 weeks down, 14 weeks up).

So, there is likely to be a pair of successive highs - first in **early-December** and then in **mid-Jan '24**.

From a broader perspective, long-term decennial and geometric cycles are focused on 2023 - 2025 as a likely time for a major rally in Silver.



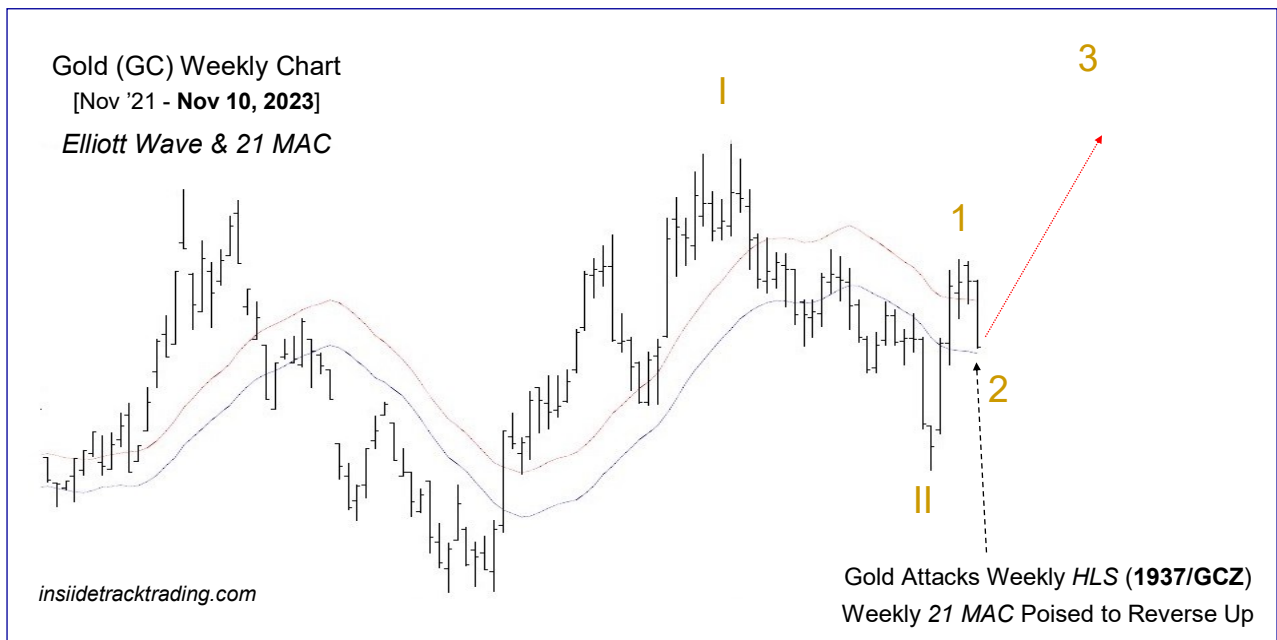
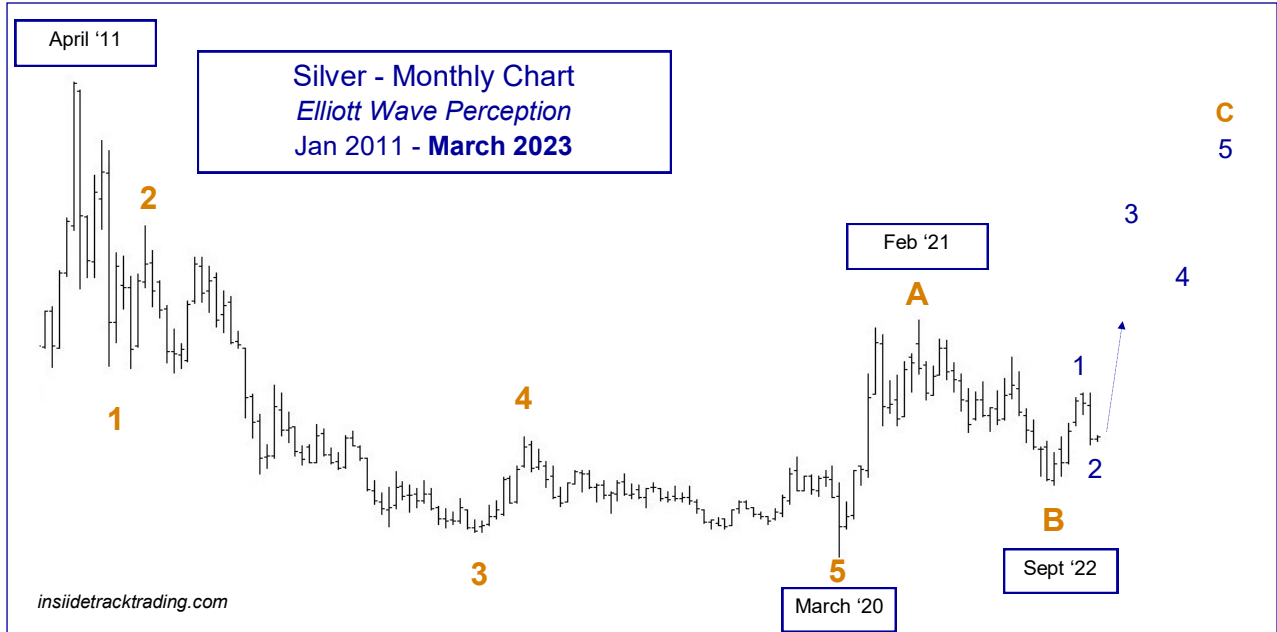
- 1957 - Syrian Crisis - US/Turkey vs USSR/Syria standoff
- 1979 - Iran/Islamic Revolution; US Embassy Hostage Taking
- 2001 - 9/11 Attacks; Persian Gulf War II
- 2023 - Sept - Nov '23 Middle East Upheaval Cycle Returns**



- 1990 - Iraq Invades Kuwait; Persian Gulf War I
- 2001 - 9/11 Attacks; Persian Gulf War II
- 2012 - Syrian Civil War; Rise of ISIL
- 2023 - Aug - Nov '23 Middle East Upheaval Cycle Returns**

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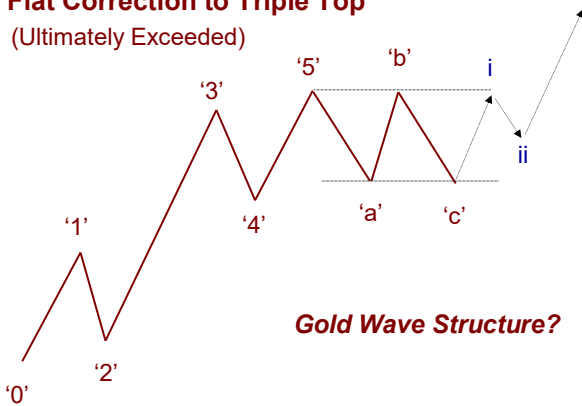


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Flat Correction to Triple Top

(Ultimately Exceeded)



The Sept 2022 low was expected to be a multi-year low and the recent **Oct 2 - 6, '23** low was likely the end of Silver's wave II retracement.

It fulfilled a textbook .618 retracement in time - 35 weeks up & 22 weeks down - as well as ~11-week high-high-(low) AND ~15-week low-low-low-(low) *Cycle Progressions* that reinforced that cycle trough.

The month of **Oct '23** was also when the monthly AND weekly 21 *MARCs* were set to become a positive influence. That was the same time of year when Gold set its lowest weekly close in 2022 - a 1-year/~360-degree cycle from its ~Oct '22 major bottom.

That ushered in the '1' of 'III' advance - the October '23 surge - that should pave the way for future rallies if/when a breakout of Gold's triple-top occurs (the April 11, '23 issue of *The Bridge* elaborated on this topic and included the wave diagram above).

The '2' of 'III' pullback bottomed on Nov 13 and ushered in the '3' of 'III' advance (see Gold & Silver charts on pages 6 & 8).

Silver surged to its weekly & monthly *LHRs*, increasing the likelihood for a multi-week peak in **early-December** and a multi-month peak in **mid-January**.

Silver is fulfilling the potential for another accelerated advance in the weeks surrounding Nov 20 - 24, '23 - the likely time for its weekly 21 *MAC* to turn up (due partially to the declining 21 *MARC*).

Gold was in a similar situation after spiking down to its weekly 21 *Low MAC* (see chart on page 3). Both turned their weekly 21 *MACs* up last week, fulfilling this pattern and increasing bullish pressure for the weeks (and months) that follow.

That is what had been necessary to trigger a second accelerated advance in Gold, which could see a quick surge toward **~2105.0/GCG** - its weekly *LHR* - this week.

Ultimately, this rally should prompt Gold to attack/exceed its 2023 high at **2140.0/GCG**.

A Gold surge to ~2152/GCG would create equal-magnitude rallies from the early-Oct '23 multi-month cycle low.

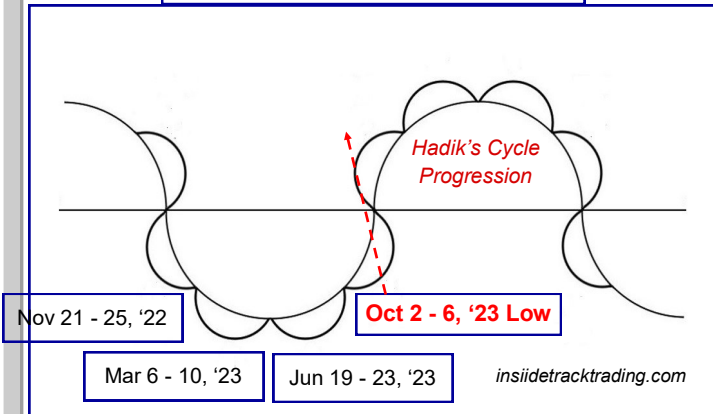
*If this rally extends into - and peaks on - **December 4 - 8, 23**, Gold would fulfill a ~31-week low-high-(high) Cycle Progression from its 2022 low AND complete equal-duration rallies from the early -Oct '23 cycle low.*

On the whole, Gold & Silver continue to reinforce analysis that projected major, multi-year lows to take hold in late-2022 and lead to a series of highs during the initial phases of what has been forecast to be a larger-magnitude advance.

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~15-Week Cycle in Silver



2023 - 2025 is a pivotal time for Silver that includes a series of geometric and/or decennial cycles (10-year and 30-year intervals), all of which apply to times when Silver experienced dramatic reactions to geopolitical or fundamental events. (See the Nov 2023 *INSIIDE Track* for details.)

In addition to cyclic & technical factors, there are many fundamental factors that favor a significant rally in Silver - from late-2022 into 2025.

As explained many times before, 2023 also ushered in the inflationary 'sweet spot' for Silver when the waning threat of higher interest rates would remove a significant burden from Silver pricing.

On a comparative basis, Gold & Silver are starting this (potential) multi-year advance the same way they started the previous one - paralleling the action of 2016 (when the previous wave 'I' & 'II' of a larger-magnitude advance unfolded).

In 2016, Gold & Silver rallied for 7 - 8 months before selling off for the ensuing ~5 months.

In 2022/2023, Gold & Silver rallied for 7 - 8 months before selling off for the ensuing ~5 months.



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In 2016, Gold retraced 70 - 75% of its initial rally during that ~5-month sell-off.

In 2023, Gold retraced 70 - 75% of its initial rally during the recent ~5-month sell-off.

That set the stage for ‘3rd waves’ - on multiple levels to begin to take hold. The first two stages are projected to be accelerated surges into **early-Dec ‘23** and then into **mid-January 2024**.

The **XAU & HUI** bottomed in early-Oct ‘23, fulfilling the 12.5 - 13.5-month/~54 - 59-week cycle that created a high (Aug ‘19) - high (Aug ‘20) - low (Aug/Sept ‘21) - low (Sept ‘22) - (low; **early-Oct ‘23**) Cycle Progression.

Since then, they have been forecast to rally to **130 - 133/XAU & 251 - 254/HUI**.

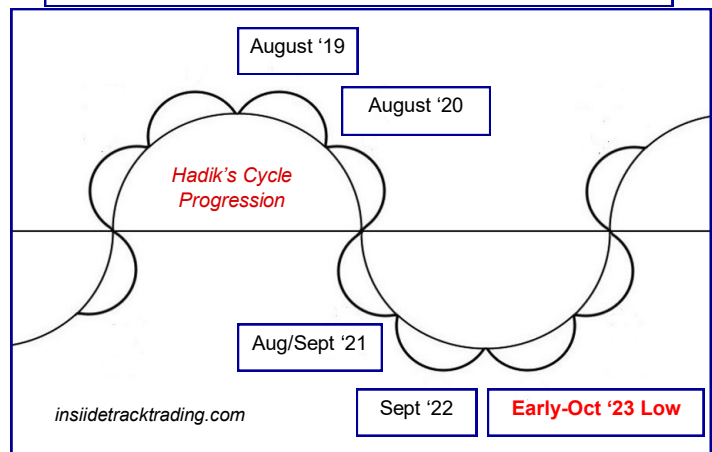
That would fulfill monthly *LHRs*, weekly *21 High MACs AND MARCs*, weekly *LHRs* (extreme upside targets for these two weeks), .618 rebounds, monthly *40 Low MARCs*, and corroborating indicators. November’s *LHR* is also at **132.52/XAU**...

Platinum is turning its weekly *21 MAC* up and attacking its weekly *21 High MAC* - both signs of a reversing (higher) market. Ideally, it will rally above **1010/PLF** - in the first half of December - in order to keep that average heading higher.

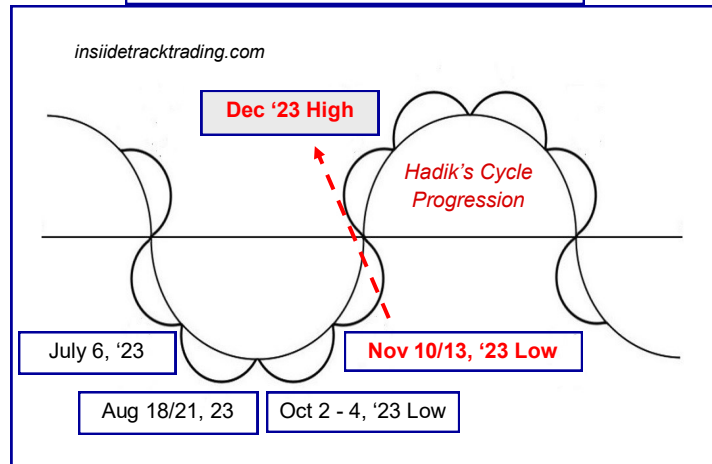
The next 3 - 6 month peak is expected in **~May 2024** - the next phase of a ~13-month low (Dec ‘18) - high (Jan ‘20) - high (Feb ‘21) - high (Mar ‘22) - high (**April ‘23**) - (high; **May ‘24**) Cycle Progression.

Platinum sold off for the first half of that cycle (~6 mos/180 degrees) and could now rally for ~6 months.

12.5 - 13.5-Month/54 - 59-Week Cycle in Gold/XAU



~6-Week Cycle in XAU Index



Palladium remains in a 12 - 18-month downtrend and would not signal a multi-month low until a weekly close above **1100.0/PAH**.

It maintains a ~2-year (and corroborating ~4-year) cycle that helped time the March '22 peak and projects a future peak for **Mar/April '24** - the

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latest phase of a 24 - 25-month low (Jan '16) - high (Jan '18) - high (Feb '20) - high (**Mar '22**) - high (**Mar/Apr '24**) *Cycle Progression*.

Copper bottomed while fulfilling a ~39-week high-high-(low) *Cycle Progression* and generated an outside-week/2 *Close Reversal* buy signal in late-October. That was/is projected to spur a 2 - 3 month surge into **January 2024**...

Crude Oil, Unleaded Gas & Heating Oil remain below the highs set in **mid-Sept '23** - highs that fulfilled a 22-week high-high-high-(high: **Sept 11 - 15, '23**) *Cycle Progression* and a ~5-year high-high cycle (& midpoint of related 10-year cycle).

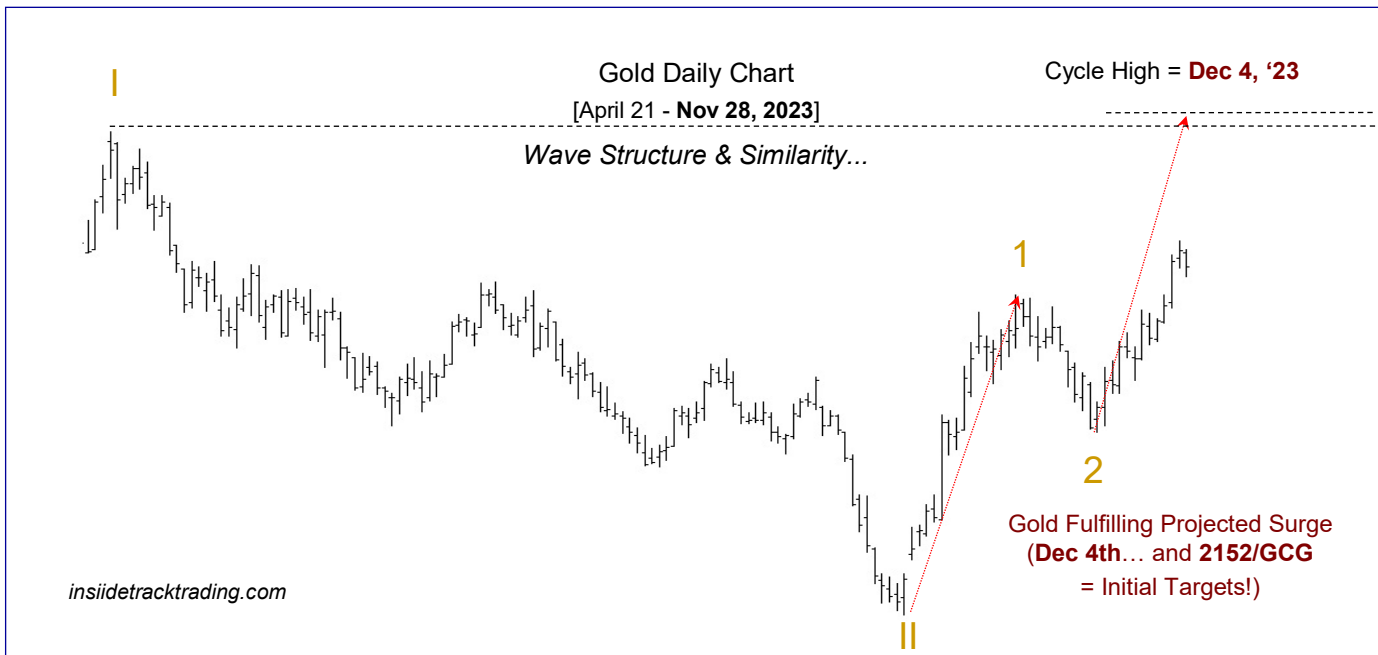
That has been forecast to spur a multi-month decline stretching into **early-Dec '23** - when a ~7-

month high-high-low-(low) *Cycle Progression* re-
curs. **IT**

The fulfillment of *Middle East War Cycles* in Oct. 2023 was the latest validation to the 2023/2024 outlook for *Gold, Solar & Seismic Intensity Cycles* - all projected to spike higher beginning in **4Q 2023**.

Gold is forecast to accelerate higher into **December 4th** - and ideally reach **2152/GCG** - during this second advance from multi-month cycle lows in early-October 2023 (when *Middle East War Cycles* returned). Soon after, *Crude & Commodity Cycles (GSCI)* are poised to initially bottom - during the time when *Solar Cycles* should intensify.

See *Weekly Re-Lay* & *INSIIDE Track* publications for the most current outlooks and strategies. **IT**



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“Solar, Seismic & Gold Intensity Cycles”

04-11-23 - The wave structure in Gold & Silver, along with corresponding cycles and correlations, paint an intriguing picture for precious metals in **2023 - 2024**... Gold & Silver were forecast to surge from cycle lows in Sept '22 (Silver) & 4Q '22 (Gold) into **late-2023** (the initial phase of a new bull market). That is expected to affirm related analysis for the 2020's... as the latest phase of an uncanny *40-Year Cycle* takes hold and ushers in dramatic changes...

Gold set a peak in Aug '20 (2060 - 2080/GC) - in line with multi-month and multi-year cycles - and then retraced into March '21. It then rallied into March '22 and retested - but did not close above - the Aug '20 peak. That reinforced what was forecast to be a multi-year peak (2020) and spurred a second sell-off in Gold back down to, and briefly below, the March '21 low - leading into the time frame (**4Q '22**) when another major (multi-year) low was projected for Gold...

One old trading adage that has sporadically been quoted in these publications is: *'Double Tops Hold, Triple Tops Don't'*... In those cases, a market may have traced out a 'flat correction' (a horizontal correction similar to Gold's 2020 - 2022 action) in which two successive highs and two successive lows were set in close proximity to one another... The second low is the culmination of an 'a-b-c' correction (decline, rally, decline) and ushers in the early stages of a new advance.

Since a market has already established a solid resistance zone - with its initial and subsequent highs (e.g. Gold in Aug '20 & Mar '22) - it will often find resistance there again (temporarily)... in the early stage of that new advance. That creates a 'triple top' - three successive highs at the same level - and spurs an initial pullback. It also creates the 'i' and 'ii' waves ('1' and '2' waves on a smaller magnitude) of a new, developing impulse wave higher.

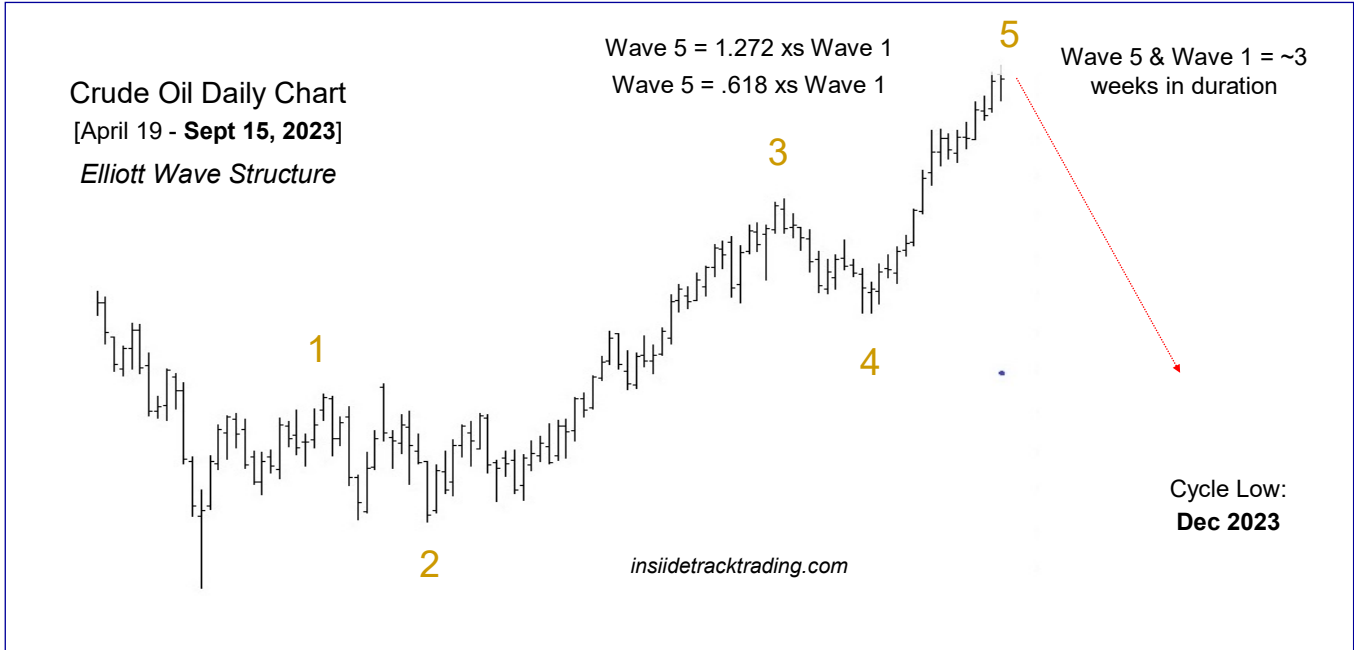
When the 'ii' wave low takes hold and the 'iii' wave advance begins, the market now has new momentum - from a higher plateau - with which to break through the resistance level formed by those three successive highs (see diagram). It is the third time attempting to break above the original high and, we all know... *'Third Time's the Charm'*.

In **Sept & Nov '22**, Silver & Gold completed multi-year corrective phases - 'a-b-c' and 'A-B-C' declines on two different magnitudes - and fulfilled cycle lows that came into play at that time. That ushered in what were forecast to be 1 - 2 year (or longer) bull markets in those metals.

In order to comprehend the magnitude/degree of current expectations, it is critical to understand the degree of those waves and cycles that were fulfilled with the 3Q/4Q '22 lows. -- April 11, 2023 ***The Bridge - Gold, Silver & Elliott Wave***

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October 4, 2023 Weekly Re-Lay Alert

The Energy/Equity/Inflation Connection

“Throughout much of 2023, Crude Oil and the Energy Complex were focused on one primary cycle - a multi-week & multi-year cycle projecting a decisive top for **mid-Sept '23**. That cycle was discussed repeatedly, particularly once Crude signaled a multi-month low in early-May '23 and then reinforced it in mid-June '23.

From that point forward, Crude was forecast to rally into **Sept 11 - 15, '23** with the (published) potential to retest its June '22 high - reaching **92.00** and possibly **96.00/CL** before a multi-month top was most likely. Not only would that fulfill 3 - 6 month & 6 - 12 month cycle outlooks, but also 2 - 3 year ones.

That dovetailed with related cycles and targets in the S+P Goldman Sachs Commodity Index (GSCI or GNX), a gauge of broader commodity inflation. Not surprisingly, the GSCI had weekly & monthly cycles converging on **Sept 11 - 15, '23** and projecting a multi-month peak - ideally near **622/GNX**.

Since its early-June '22 peak, the GSCI had set successive highs on a 22-week interval, creating a ~22-week high-high-high-(high; **Sept 11 - 15) Cycle Progression** that projected a peak in **mid-Sept '23** - the same time Crude cycles were projecting a peak.

In doing so, it matched the duration of its previous Dec '21 - Mar '22 surge while rebounding 50% of its Nov '22 - June '23 decline. It was not just the *timing* features of that recent peak, however, that made it noteworthy. Price features were revealing critical clues...

For starters, the GSCI rebounded less than a third of what it lost from its 2022 peak to its June 2023 low. *That is not a sign of runaway commodity inflation.*

Second, it peaked at the level of its Jan '23 high - its year-opening range and the primary resistance for its intra-year trend (down turned neutral). *That intra-year action is also not overly inflationary.*

Third, it peaked precisely at its multi-month upside range-trading target of **622/GNX**.

Fourth, and this one is price AND time, it peaked in the second month after attacking and holding its monthly *LHR*. A test of that indicator normally leads to a 3 - 6 month peak in the ensuing 2 - 3 months...

Not only did that coincide with projections for a major shift in energy prices, it also dovetailed with analysis for a divergent stock index peak on Sept 14/15, followed by another (deflationary) sell-off...

Gold & Silver remain in multi-month corrective phases from their multi-month cycle highs on **May 3 - 5**. They added another leg to the overall wave 'II' retracement of the Sept/Oct '22 - early-May '23 rally. [That ~8-month rally was a 5-wave advance, likely representing the first primary rally (wave 'I' of 'V') of a developing larger-magnitude multi-year advance.]...

Gold & Silver were projected to set multi-year lows in late-2022 and embark on a new (likely multi-year) advance. If the *7-Year Cycle* has anything to say about it, that advance should last at least 3.5 years (half of the *7-Year Cycle*), would likely last ~56 months (2/3 of the *7-Year Cycle*), and could last the entire 7-year period since it is due for an inversion.

Similar to 2016 (right after the previous phase of the *7-Year Cycle* bottomed), Gold & Silver were expected to under-

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October 4, 2023 Weekly Re-Lay Alert

go an initial 6 - 12 month advance with Gold targeting a surge to 2060 - 2080 (its Aug '20 & Mar '22 highs; its all-time highs) as Silver should rally to 26.00 - 26.50/SI. If fulfilled, that would likely complete the wave 'I' of a multi-year advance.

They reached those targets in early-May '23, completing 7 - 8-month, wave 'I' advances that paved the way for a wave 'II' decline to take hold. Those peaks also fulfilled a collection of weekly & monthly cycle highs, reinforcing that a 3 - 6 month peak was unfolding...

Ideally, that corrective wave would drop back to - and bottom near - the *4th wave of lesser degree* support... During the prior phase of the *7-Year Cycle*, Gold initially rallied for 7 months and then declined for 5 months - into its wave 'II' low. While these types of waves do not normally mimic each other, the 2016 action provides an example of how these initial waves can unfold... As a result, the ultimate wave 'II' low could come now...

The **XAU & HUI** also showed additional weakness after rebounding to the weekly *LHR* (119.27/XAU) on Sept 15 and reversing lower after testing the declining weekly *21 Low MAC*... A low in the first half of **Oct '23** would fulfill similar-magnitude AND duration declines ('c = a' on a price & time basis) - potentially completing those wave 'II' declines.

There is also a larger-magnitude monthly cycle that has been discussed throughout the past 5 - 7 years (particularly in Gold). It could impact all the metals' markets at this time...

This is a 12.5 - 13.5-month/~54 - 59-week cycle that has recently created a high (Aug '19) - high (Aug '20) - low (Aug/Sept '21) - low (Sept '22) *Cycle Progression* that portends another low in the first half of **Oct '23**...

Crude Oil, Unleaded Gas & Heating Oil fulfilled the 3 - 4 month outlook for an overall advance into Sept 11 - 15, '23 and initially reversed lower in lockstep with stocks (Energy/Equity Connection) and analysis for the GSCI to peak and reverse lower.

Crude attacked its June '22 high and reversed lower, initially fulfilling this 3 - 6 month and 6 - 12-month outlook that could have far-reaching ramifications.

Earth/Solar Disturbance Update: While there has not been unusual activity of late, a synergistic time frame is approaching (**late-Oct/early-Nov '23**), when the anniversary of several significant solar storms ushers in the time (**late-2023 - late-2024**) when a significant storm appears more likely. This also ushers in the time when significant volcanic activity could begin to elevate. *More to follow.*"

December 2023 - Late-2023 ushers in the recurrence and projected intensification of *Solar/Sunspot Cycles & Middle East War Cycles*. Initial phases are expected to last into **late-2024** and ultimately into **late-2025**.

Several markets are signaling corresponding moves with Gold already projecting a secondary bottom in late-October followed by multiple surges (current advance is projected to spike up to ~**2152/GCG**, ideally on **December 4th**) as it reflects developing instability in many realms. The *7-Year Cycle* in Gold & Silver projects sustained upside potential in **late-2023** through late-2025... corroborating what several indicators have been signaling in recent months.

At the same time, Crude Oil and the GSCI have been projecting a sharp sell-off from mid-September into the first half of December - when a low in inflationary indexes is most likely. That, too, could be corroborating '*Disturbance Cycles*'.

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November 2021 INSIIDE Track excerpt

Outlook 2022/2023

Paradoxes

Solar Cycle Update

10-28-21 - For the past ~3 years, *INSIIDE Track* has described expectations for Solar Cycle-related events in **2020 - 2024**.

That began with projections - described in early-2019 - for late-2019/early-2020 to repeat an uncanny ~11-Year Cycle of ‘Global-Shaping Events’ and ‘Stock Panic Cycles’. That was powerfully fulfilled with the onset of a global pandemic and stock ‘crash’.

Another related expectation dealt with analysis for intensification (in frequency and magnitude) of earthquakes in 2021 - 2022 and volcanoes in 2022 - 2024.

A third expectation, elaborated in recent months, is for a significant solar storm to impact Earth in **2022 - 2023** with the potential to cause damage or disruption to power grids and communication networks, both ground and space-based.

Well, 2021 could be providing another precursor event. According to *spaceweather.com*:

10-27 - 21 - **“SIGNIFICANT X-CLASS SOLAR FLARE:** *There was a global eruption on the sun today. It started with a powerful X1-class solar flare from sunspot AR2887. The blast created a massive tsunami of plasma in the sun's atmosphere, which rippled across the entire solar disk. A CME is probably heading for Earth, raising the possibility of a geomagnetic storm on Halloween. More information and updates @ [Spaceweather.com](https://www.spaceweather.com).”*

While that isn't expected to materialize into the magnitude of solar storm discussed in recent months, an X-class flare is the highest of the three

classifications (C, M & X-Class flares) and could cause some radio blackouts and related auroras. A similar flare occurred two weeks ago and is reinforcing that the Sun is definitely awakening in its latest up-cycle

To reiterate from last month, **2023** is the greatest synergy of solar-related long-term cycles and includes recurrences of the ~11-year cycle, 17-year cycle (of solar events) and corresponding 34-year cycle of solar events and is directly linked (by these cycles) to massive solar storms in/on:

Oct - Nov 1903 (‘Most significant storm - during a solar minimum period - on record.’).

May 1921 (‘Most intense geomagnetic storm of 20th century’).

Jan 16 - 26, 1938 (*Fatima Storm*; Massive storm that disrupted all transatlantic radio communication).

Feb. 1956 (*Acheron Submarine Storm*)

Aug 1972 - Fastest moving CME and most extreme *Solar Particle Event* in recorded history (‘most hazardous to human spaceflight’ during the Space Age).

Mar 1989 (*Quebec Blackout Storm*) - Massive storm that disabled the entire Quebec power grid.

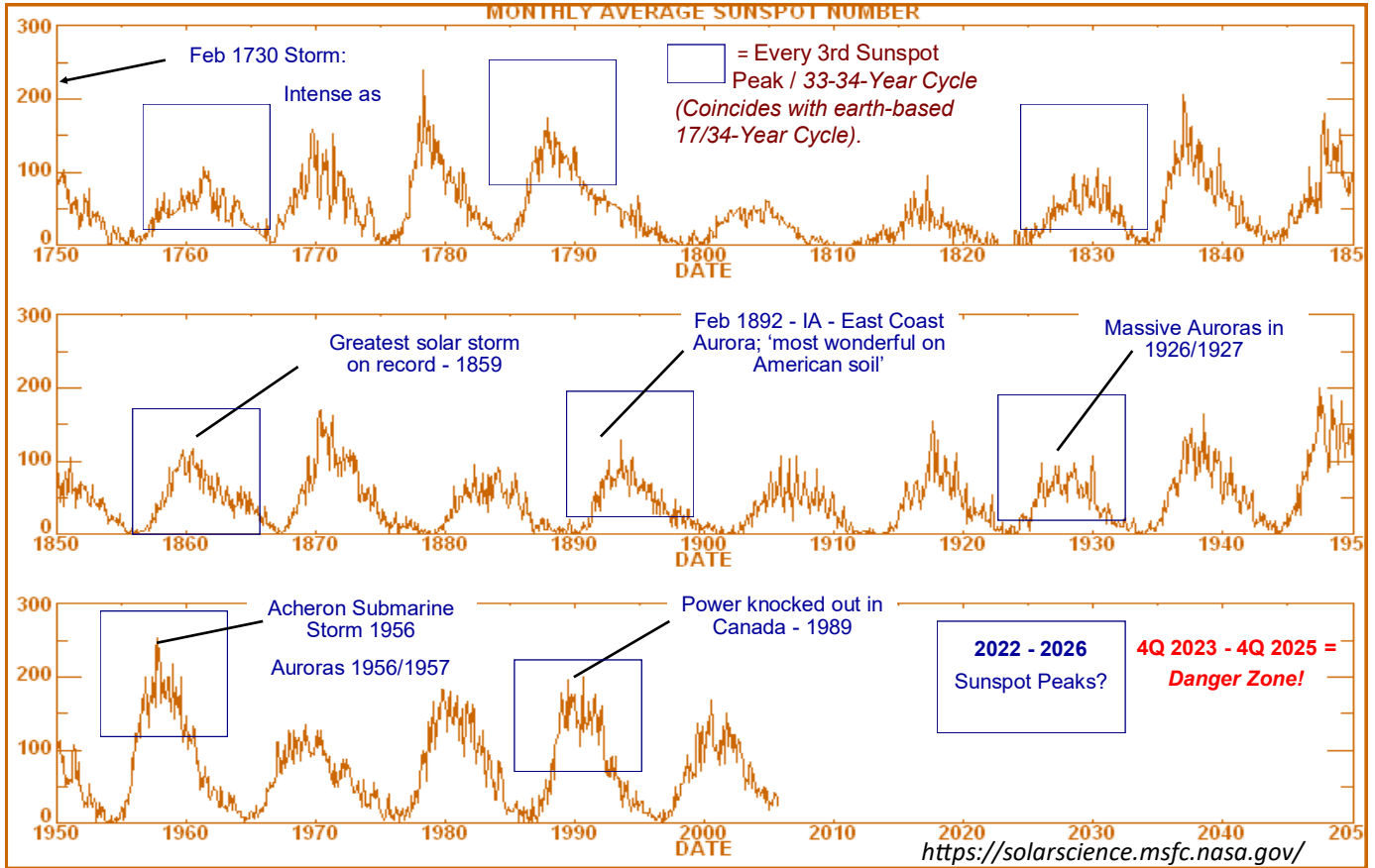
Dec 2006 - Major (X-9) Solar flare (strongest in ~30 years) that seriously disrupted satellite-to-ground communications and GPS navigation signals.

It is also ~11 years from the 2012 storm that was allegedly as powerful as the 1859 *Carrington Event*... but missed Earth by a mere 8 days.

Cyclically speaking, 2023 is the best chance for a major storm. IT

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January 2023 INSIIDE Track

Outlook 2023

The Year of Disruptions?

01-04-23 - 2022 fulfilled a myriad of cycle projections - including a major top and sell-off in the stock market, a crypto meltdown, skyrocketing inflation & interest rates, a culminating surge in the US Dollar (potentially stretching into 2023), the onset of an *80-Year Cycle of War*, and the shift to a new *40-Year Cycle of Currency Wars*.

Overlapping & reinforcing these expectations has been the latest upturn in the approximate *11.2-Year Solar/Sunspot Cycle*.

Though it is rarely given sufficient credit, the *Solar Cycle* is one of the most impactful cycles on our world.

Along with related cycles, that *Solar Cycle* was/is forecast to trigger at least three major natural events in **2023/2024**...

-- Major Solar Storm in **2023**

-- Strong uptick in volcanic eruptions in 2022 - 2024.

-- Surprising shift in drought/flood cycles for the Western US (particularly CA) in late-2022 - late-2024...*a dramatic shift takes hold in 2022/23 and beyond.*



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